

WHY VAMPIRES NEED HUMAN BLOOD by EM SORENSEN

First, let's address the physical make-up of a Vampire;

Starting with dispelling what we all believe that has come to us in the many stories that have Vampire characters. They can live for thousands of years; FALSE: Their lives are quite a bit longer than a Norm (my term for a regular human being) Once a Norm becomes a Vampire the telomeres shorten at a much slower rate.

To convert a Norm into a Vampire, a Vampire has to introduce some of their blood into a Norm's bloodstream. It only takes a tsp. A Norm has to have physiologically passed puberty and attained adulthood, or about the age of 18 to 20 at a minimum. If the Human had not reached this stage, the conversion attempt will result in death. There are no teen age Vampires.

Religious objects: Total bosh. A cross can kill or stun a Vampire if you clobber them over the head or stab them in a vital organ. Many retain their religion after conversion and are active members of the faith of their choice.

Vampires DO require human blood transfusion (I mention transfusion and explain this later) BECAUSE their blood, which their bodies DO make, is missing a factor that is only in human blood. The Human blood must never be exposed to the air. It's a fact that blood that is exposed. to air changes color. What most doctors don't know is that the factor in human blood that a Vampire needs to live, goes bad as soon as the blood is exposed to air. No more cocktails of blood, or a hot steaming coffee cups of fresh blood. Vampires can not use the blood of any animal – it has to be from a human.

Amount and frequency of blood needs. A Vampire needs about 4 liquid Oz's (or 118 cc's) every 3-6 weeks. A Vampire also can NOT drain a human of their entire blood supply. Think on it, if you suddenly doubled the amount of blood in your body you would have the excess gushing out of every pore. The limit of intake by a Vampire is, at most 1 to 2 pints. Much more than that and one would look like one of the Macy Day Parade Blimps. It wasn't until the start of the 1900's that transfusions became available. Prior to that the only way for a vampire to obtain the needed human blood was to bite into a human's vein or artery with their hollow, hypodermic like canine teeth. The big problem was this was traumatic for the victim/donor. Those victims were left without any medical care and if the wounds weren't cared for they would bleed out long after the Vampire left the area.

Food. Vampires MUST eat regular meals, just like humans. They can eat everything that a human can with the exception of Liver, Brussel Sprouts and Okra. Well, maybe they can eat those items but I won't touch them, besides they give you bad breath.

Reproduction: Before I explain reproduction with Vampires I need to bring in a third Species. Damphires. Damphire is another name for a group of beings that were and still are associated with the Gypsies of Rumania. Also called Rumani. For example, in Great Britton and Ireland they are called Travelers. Rule of thumb, Damphires age at half that of a normal human while Vampires age at one tenth that of a human. Gypsies have special talents that are inherent to

their general population. There are both singular abilities with some having multiple talents. Such as; A green Thumb, A close kinship with animals (horse whisperer, dog whisperer, and more), makers of Love Potions – which are mostly a con, Tarot Card readers that sometimes travel with a circus and have a separate booth for telling someone their future – mostly a convincing con. It is rare that a female Vampire will bear a child. A male Vampire can create children with a damphire or a normal human and those offspring are human at birth and some may become damphires when they reach adulthood. Vampires are NOT born. They are only created when an adult human receives some Vampire blood which can be voluntary or in the case of a violent rogue Vampire. For example an unexpected attack by a Vampire taking a human's blood without their consent.

Physical attributes. Once turned, a Vampire rarely grows any taller (as they were already fully mature before turning.) There is only one exception to this ever recorded and that is Brianna Pennypacker – The First Child – No#3 in the Purloined Pint series. Their metabolism is greater, much greater and they do go thru calories at a great speed. (Alcohol is burnt off quite fast). They do heal faster but nothing like what you read about or see in a movie or TV show. A cut or abrasion will fully heal in about 3 - 4 days rather than two or three weeks. Broken bones, about 2 weeks instead of three months, depending on the severity. A cut off appendage will NOT re-grow. Their physic is slim, trim and sculpted muscles. The main difference is their reaction time. During the conversion all of their nerve system loses the synapses that are intermittent in a human's system. The nerves connect directly into the brain reducing lag time between when one sees a fist coming at them to reacting with a defensive move. To a human it appears to be so instantaneous to appear as a blur. I think that covers most of the differences. If you have further questions you can contact me by

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